

Patricia “Trish” Allmon, MSN, CAS, APRN, ACNPNC-AG, PMHNP-BC

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Professional Summary

Board-certified Psychiatric Mental Health Nurse Practitioner with 7+ years of experience across emergency psychiatry, outpatient care, and advanced treatments including ketamine therapy. Proven success in high-acuity settings and independent contractor roles with multidisciplinary teams and tele-health platforms. Skilled in crisis stabilization, medication management, and psychedelic-assisted therapies. Dedicated to trauma-informed, patient-centered care.

Licensure & Certification

- PMHNP-BC, ANCC Certified, Expires: 5/24/2028
- ACNPBC-AG, AACN Certified, Expires: 2/28/2026
- Advanced Practice Registered Nurse (APRN) – Florida, License #APRN11012724
- DEA Registration – Active, Schedule II-V
- NPI – #1174108286
- BLS/ACLS Certified – American Heart Association – Expires: 06/2028
- State Controlled Substance License – Active
- Malpractice Insurance – Individual coverage, claims-made policy

Education

Walden University — Minneapolis, MN — Graduate 2021
Certificate of Advanced Study (CAS) — Psychiatric Mental Health
Master of Science Nursing (MSN) — Acute Care Adult Gerontology

Georgia State University — Atlanta, GA — Graduate 2002
Associates degree Nursing (ADN)

Randolph Macon Woman’s College — Lynchburg, VA — Graduate 1992
Bachelor of Science (BS)

Clinical Experience

Behavioral Emergency Services APRN — Tallahassee Memorial Hospital — 02/2021 - Present
Consulting service in ED setting providing evaluation and disposition for crisis stabilization across the life span; outpatient referrals for medication management, psychotherapy, MAT programs, IOP, substance abuse treatment; telemedicine consult or contracted rural hospitals in outlying counties

RN-C, Bixler Trauma Center, Level II — Tallahassee Memorial Hospital — 2017 - 2021
RN-C, Labor & Delivery — Northside Hospital, Atlanta, GA — 2002 - 2017

Independent Contract Experience

Contract PMHNP-BC — Serene Restoration, LLC — 01/2024 – Present

On Site and tele-psychiatry services to specialty mental health facilities working independently with board certified psychiatry collaboration as needed as a 1099 contractor

Sanctuary Clinics, Inc — Full Time Consultant (02/2024 – Present)

Lumina Mind Health — Part Time Consultant (01/2024 – Present)

Specialty Experience: Ketamine Therapy

PMHNP – Psychedelic-Assisted Psychiatry & Ketamine Services

Lumina Mind Health – Tallahassee, FL — 01/2024 - Present

Conduct psychiatric intake assessments to determine ketamine therapy eligibility. Manage intramuscular and IV ketamine protocols: monitor vitals and psychological response. Provide integration support and collaborate with therapists for trauma and depression care. Trained in MAPS-aligned trauma-informed care and ketamine-assisted psychotherapy (KAP) frameworks.

Skills & Competencies

- Psychiatric Crisis Assessment & Involuntary Hold Criteria (e.g., BA-52, BA-01, etc)
- Ketamine Administration (IV, IM, PN, SL) & Integration
- Psychopharmacology in High-Risk Populations
- Emergency Psychiatry Workflow & Rapid Stabilization
- Independent Contracting
- Trauma-Informed, Culturally Responsive Care
- HER Platforms: Epic, Cerner, Simple Practice, Opus, Osmind

Professional Affiliations

- American Psychiatric Nurses Association (APNA)
- American Association of Nurse Practitioners (AANP)
- Psychedelic Medicine Association